SPECIAL REPORT

Cancer METABOLIC RENAISSANCE?

Drilling to the core of life itself

BY RANDALL C WILLIS

ESTERN MEDICINE was transformed at the end of the Dark Ages as soldiers and pilgrims returned from the Holy Land, bringing with them the medical memories of a distant land and time. Although Europe had seen a millennium of intellectual stagnation, the Eastern shores of the Mediterranean continued to develop the concepts of the classical world, layering in learnings from the Far East and Central Asia.

It was this revitalizing force—this new approach not just to technology but also to thought itself—that led to the Renaissance.

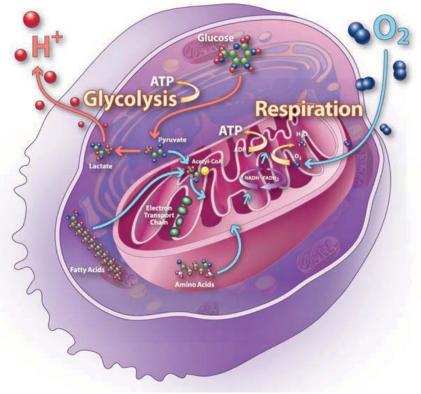
In much the same way, concepts of cellular metabolism, particularly in terms of diseases like cancers, hit a fallow period of evolution, largely recycling its early phases of chemotherapy—think taxanes and platinums—or moving away entirely to explore fields like immuno-oncology.

This fallow period seems to be lifting, however, as new technologies have been adapted from other areas of biomedical research to be applied to cancer metabolism, and these technologies have generated insights that are slowly changing not only how we therapeutically target metabolic pathways, but possibly also how we interpret cell biology itself.

From the darkness

"It is reasonable to assume that the specific metabolic needs of the tumor cells can offer an array of therapeutic windows, as pharmacological disturbance may derail the biochemical mechanisms necessary for maintaining the tumor characteristics while being less important for normally proliferating cells," suggested Umeå University's Anders Nordström and Magesh Muthu in a recent review.

"Quantitative global metabolic profiling (metabolomics) has evolved over the last two decades," they continued. "However, despite the technology's present ability to



Immuno-oncology has seen a lot of progress, but more researchers are now looking at another avenue that is less trodden: metabo-oncology.

measure 1000s of endogenous metabolites in various clinical or biological specimens, there are essentially no examples of metabolomics investigations being translated into actual utility in the cancer clinic."

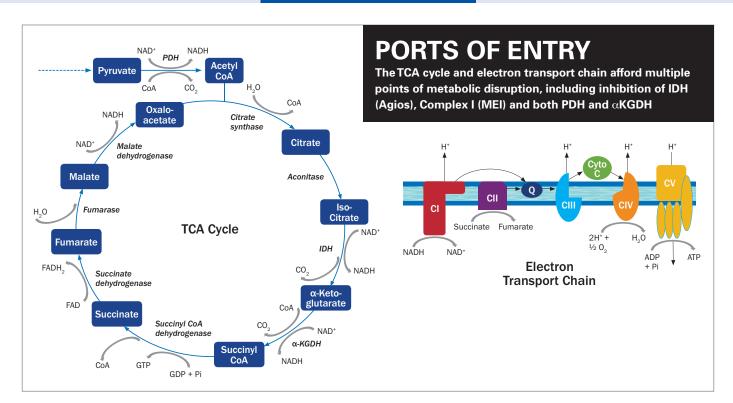
The scarcity of metabolismfocused therapeutics has not been for lack of trying, suggests Sanjeev Luther, president and CEO of Rafael Pharmaceuticals, formerly known as Cornerstone Pharmaceuticals.

"In this space, you had Pfizer, you had AstraZeneca, you had J&J," he recounts. "All of these companies looked into it, but just sort of walked away."

More attractive and easier to comprehend, it seemed, were more targeted approaches that went after specific cell surface markers or dysregulated gene products, as typified by the growth of immuno-oncology.

But even with the dramatic successes of immunotherapeutic CANCER CONTINUED ON PAGE 24





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approaches, efficacy has not always been durable, leaving open windows of opportunity to be exploited by research groups and smaller companies (see the table "Metabolic mavericks" on page 26).

Leading the way is Agios, which received FDA approval in August 2017 for its mutant isocitrate dehydrogenase-2 inhibitor enasidenib (IDHIFA) in relapsed/refractory acute myeloid leukemia (AML), and then a year later, approval of its mutant IDH-1 inhibitor ivosidenib (TIBSOVO) for the same indication.

The company continues to pursue other indications for its two approved compounds and is working on an inhibitor that targets mutations of both IDH-1 and -2.

For Dan Gold, president and CEO of MEI Pharma, a lot of the reinvigorated interest in metabolism in cancer stems from the heterogeneity issue.

"The ability of a tumor cell to get nutrients and grow—that's what a tumor does, it has to proliferate to survive—is a fine balance," he says. "If it doesn't get what it needs, it will die."

Thus, he presses, if you can attack a tumor cell at its most basic, fundamental state, that has got to be important.

"A lot of these very targeted approaches are exciting," Gold acknowledges, "but what we all sort of gloss over is the fact that if you were to take a biopsy from a patient's tumor and ask what kind of mutation does this tumor cell

have, you would identify BRAF or anything that's being targeted. But could you say that this is 100 percent of the cells? The answer is probably no."

Likewise, a biopsy from a secondary metastasis within a single patient may offer a similar genomic footprint, but there are likely to be differences and those differences could be impactful.

"Because tumors proliferate so much, they inherently mutate," Gold explains. "I think the issue with a lot of these targeted drugs is, whether intentionally or unintentionally, you start to select for cells that don't express the very highly targeted defect that you're attacking."

"You're always kind of playing whack-a-mole," he presses. "You're knocking it down and then another one comes up, and you try to figure out what can I do for that one."

David Ferrick, senior director of new market development at Agilent and former chief scientific officer of Seahorse Bioscience (now part of Agilent), concurs with Gold's assessment, drawing parallels with antibiotic use in infectious disease.

"Just like when we hit bugs with antibiotics, we get these resistant bugs, and I think there's a great corollary there," Ferrick offers. "Whenever we go with a targeted therapy, we may actually be accelerating malignancy."

"I think that although the targeted therapeutic approach is very good a debulking, they don't have any associated durability," he continues. "In fact, they may be leading to even more malignancy and



Central to Rafael's
Altered Metabolism
Design is the concept of
only developing drugs
that target two
metabolic entry points,
says Sanjeev Luther.

accelerating that process."

By approaching this heterogeneous population at a much more fundamental level, such as with metabolomic approaches, says Gold, there is an increased likelihood of having a profound effect on the disease regardless of the genetic instability or the genetic defect at the cellular level.

"I believe that the Rafael, Tyme and MEIs might find a better approach to debulking and reducing the cancer burden, and get patients to a point where we can re-establish and maintain homeostasis or it will set the patient up

to be much more responsive to an immunotherapeutic approach with a level of durability," suggests Ferrick.

He offers automotive traffic as a metaphor.

"Instead of targeting cars that keep crashing at intersections by changing the steering wheel or something upstream, you have to get into the middle of the intersection and prevent the cars from actually hitting each other," he says.

That said, Ferrick is quick to credit immuno-oncology with expanding our thinking regarding how best to approach a pathogenic condition.

"The shift that immunotherapy has brought is a concept that is two-fold," he says. "We can go after the bad guy, but we can also support the good guy and bring him back online."

It is here where Ferrick begins to diverge from the more traditional thinking regarding the underlying basis of cancer, offering some bluesky speculation.

"When we were taught biochemistry and metabolism, we see these 3,000 metabolic pathways with so many thousands of metabolites and it goes back and forth," he starts. "There are many ways to make certain substrates, many ways to make ATP. We tend to think of this system as being very elastic, but what we've learned is that there are only a few good equilibria that enable living cells to sustain themselves, whether they be normal or pathogenic."

For Ferrick, rather than acts as drivers of cancer, mutations are instead a cell's attempt to establish a metabolic equilibrium.

"A good way to fix the equilibrium would be to fix the genetics and put mutations in place," he explains. "So, it's not that targeting these mutations won't debulk the tumor, getting rid of the main clone with which you're dealing. It doesn't deal, however, with how the cancer is progressing."

This is what makes him excited about the metabolic approaches being taken by companies like Rafael, MEI and Tyme.

"The kinds that they're targeting will push the equilibrium back to one that is more susceptible to a targeted and more conventional antiproliferative therapy," he says.

Or, he continues, if you push the equilibrium back from a malignant proliferative one, the tumor may still grow, but it becomes sensitive to cell cycle checkpoints again and its cells undergo apoptosis. Alternatively, in the case of immunotherapy, the cells no longer turn off or evade the T cells.

Although Luther sees definite synergies with Rafael's lead compound CPI-613 and other standards of care (more below), he is quick to highlight synergies specifically designed into the compound using the company's Altered Metabolism Design approach.

Rather than target a single step in the TCA cycle, the lipoic acid analogue CPI-613 targets two: inhibiting α -ketoglutarate dehydrogenase (KGDH) and pyruvate dehydrogenase (PDH). In effect, as Rafael collaborator and Stony Brook University researcher Paul Bingham once described it, CPI-613 is a "cocktail of one."

Luther suggests that these two enzymes encode the two major sources of mitrochondrial fuel, such that when CPI-613 completely inhibits mitochondrial ATP production, cells are triggered to commit to rapid cell death via apoptosis, necrosis and autophagy.

He is quick to add, however, that there is another reason why this dual targeting is so important.

"Tumor cells are notorious for their capacity to rapidly evolve, genetically and epigenetically, and become resistant to therapies," Luther explains. "Having two independent targets—each individual is sufficient to severely compromise the mitochondrial TCA cycle—makes the evolution of resistance more unlikely."

This, he continues, is why the drug has a very long duration of response.

He also suggests that this mechanism may play a role in why Rafael is seeing success in solid tumors while others have largely been restricted to soft tumors. He specifically contrasts Agios' experiences in AML to Rafael's work in pancreatic cancer and upcoming trials in colorectal.

Of note, Agios announced in May that ivosidenib achieved its primary endpoint in cholangiocarcinoma patients bearing mutant IDH-1, demonstrating significant improvement in progression-free survival. The company hopes to present the full analysis of the Clar-IDHy trial at ESMO in September and submit a supplemental NDA by the end of 2019.

In a recent paper describing the discovery of ivosidenib, Agios' Katherine Yen and colleagues described positive results from two Phase 1 studies.

"Long-term stable disease has been observed in patients with previously treated non-enhancing mIDH1 gliomas, and in heavily pretreated patients with mIDH1 cholangiocarcinoma, where the median progression-free survival was 3.8 months and the 6-month progression-free survival rate was 40 percent," the authors suggested. "In these two single-arm Phase 1 studies, [ivosidenib] has demonstrated an acceptable safety profile to date."

For its part, MEI Pharma's ME-344 originated from early efforts by a company called Novagen to identify compounds in soy that influence inflammation and cardiovascular disease. They landed on the isoflavone genistein and discovered several of its derivatives could inhibit tumor cell proliferation.

Unlike the TCA cycle focus of the IDH, KGDH and PDH inhibitors described above, ME-344 interferes with complex I of the electron transport chain or oxidative phosphorylation (OXPHOS).

Early *in-vitro* work by Matthew McKenzie and colleagues at the

MIMR-PHI Institute of Medical Research suggested that not only did ME-344 trigger a destabilization of OXPHOS complexes, but it also generated reactive oxygen species that activated apoptotic pathways associated with mitochondrial permeability transition.

Perhaps more interesting with ME-344 was its strong selectivity in vitro for cancer cell lines vs. untransformed cells, such as fibroblasts, a feature also noted for Rafael's CPI-613. Gold says he can-

not completely explain the ME-344 selectivity, but he offers that it is something the company is actively examining.

"It's a really important question," he says. "What we have found really came out of a large screen of tumor cells that we did—probably more than 200 tumor cell lines of human origin. I'd say 90 percent of these cell lines were very susceptible to the effects of ME-344. Their ATP production went down to virtually zero and they died very quickly."

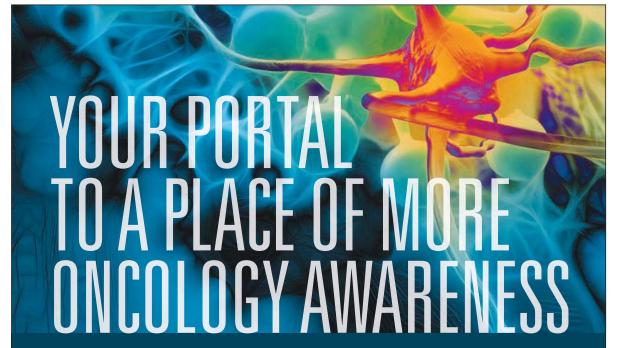
"But there was a series of cell lines that didn't die, and you needed very high doses even to impact them at all," he continues. "And we thought that this was an insight as to why this has selective tumor killing and spares normal cells."

The company has been extensively interrogating those cell lines with collaborators.

They have found that where inhibiting mitochondria in most cells leads to cell death, in the resistant lines, ATP production never completely drops to zero. Rather, the cells rapidly revert to glycolysis for ATP generation, something they also find in healthy fibroblasts.

"It seems as though all cells have a certain plasticity to bounce back and forth because energy is vital for survival, and at least in vitro, some cells do it better than others," he offers. "That was a big insight for us on why, in vivo, we were able to dose patients without having significant side effects."

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In early preclinical work, the company transplanted tumors that were susceptible in vitro into immunocompromised mice and then treated the mice with the drug, Gold explains. Although tumor growth slowed initially, it resumed at some point, as if the mice weren't being treating.

The effect was similar in their early clinical studies using the drug as a monotherapy. Tumor growth slowed and stabilized, in one case leading a patient to extended remission, but the impact was never as large as they had hoped.

The question was how to increase the efficacy.

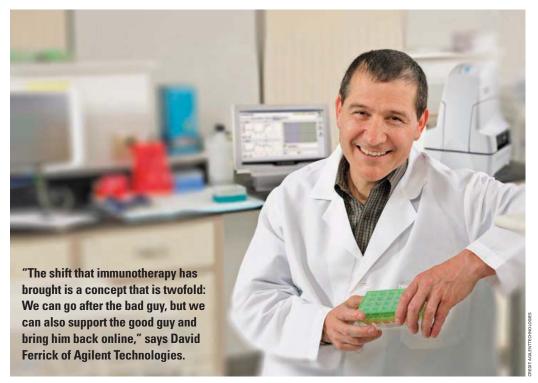
Dance partners

Considering this inherent metabolic plasticity, Gold points to the work of Miguel Quintela-Fandino and colleagues at CNIO-Spanish National Cancer Research Center in Madrid, who are trying to understand a related problem in resistance to anti-angiogenic treatment.

"We hypothesize that, in cases in which anti-angiogenics lead to hypoxia normalization, chronic high-rate glycolysis is offset, and tumors might switch to an alternative metabolic source," the authors suggested in a study published in 2016. "If this alternative source were essential for tumor survival, it would open up therapeutic opportunities."

Using GC- and LC-MS, the researchers monitored more than 320 metabolites and 40 metabolic pathways in 109 tumors transplanted into mice to understand the metabolic transitions occurring as tumors evolved in response to treatment. They also examined mitochondrial respiration with the Seahorse Mito-Stress test.

They found that tumors treated with the



tyrosine kinase inhibitors (TKIs) demonstrated increased mitochondrial metabolism.

"If the increased mitochondrial metabolism was relevant as an energy source in the context of TKI treatment, then the pharmacologic modulation of mitochondrial respiration might be ineffective if used as monotherapy," they speculated. "However, it should enhance the effects of the TKIs. We sought to prove the pro-survival role of mito-

chondrial metabolism during the adaptive tumor response to chronic treatment with TKI anti-angiogenics."

Indeed, sequential treatment of tumors with TKI nintedanib and phenformin—inhibitor of electron transport chain complex I—showed therapeutic synergy, increasing tumor growth inhibition (TGI) from 64 percent (nintedanib alone) to 86 percent. An even greater effect was seen when phen-

formin was replaced with ME-344 (TGI 92 percent).

"In our model, micro-environmental changes induced by antiangiogenic TKIs are followed by a response similar to that observed in healthy tissues during nutritional stress: downregulation of glycolysis (mediated through decreased HIF1α and AKT signaling); activation of AMPK, PPARα, and PKA; uptake of ketones and fatty acids

METABOLIC MAVERICKS

At present, the big players in metabo-oncology tend to be small pharmas

COMPANY	COMPOUND	TARGET	CLINICAL STAGE
3V Biosciences	TVB-2640	Fatty acid synthase	Phase 1 / Phase 2
Agios Pharma	Ivosidenib	Mutant isocitrate dehydrogenase I	Approved for R/R AML Phase 1 / Phase 2 / Phase 3
	Enasidenib	Mutant isocitrate dehydrogenase II	Approved for R/R AML Phase 1 / Phase 2 / Phase 3
	Vorasidenib	Mutant isocitrate dehydrogenase I/II	Phase 1
AstraZeneca	AZD3965	Monocarboxylate transporter 1	Phase 1
Bayer	BAY1436032	Mutant isocitrate dehydrogenase I	Phase 1
Calithera	CB-839	Glutaminase	Phase 1 / Phase 2
Forma Therapeutics	FT-2102	Mutant isocitrate dehydrogenase I	Phase 1/2
MEI Pharma	ME-344	Electron transport chain complex I	Phase 0/ Phase 1
Novartis	IDH305	Mutant isocitrate dehydrogenase I	Phase 1
Rafael Pharma	CPI-613	Pyruvate dehydrogenase α -ketoglutarate dehydrogenase	Phase 1 / Phase 2

PATHWAYS TO CLARITY

F AGILENT'S DAVID FERRICK and others like him are correct that metabolism will be transformative in how we approach diseases like cancer, then the potential hurdles for developing treatment may extend well beyond the lab bench and the bed side.

"The one thing we haven't talked about is the challenge of the regulatory bodies," Ferrick says. "How do they reg-

ulate something that is bringing a system back online, back into equilibrium?"

How many things will they want to look at, he questions. Specifically, it may well be necessary to completely rethink clinical endpoints and how one describes the mechanisms of action of new drugs.

"To me, that's a pretty daunting thing we're looking at," he acknowledges.

The regulatory path is also pretty significant for Dan Gold of MEI Pharma.

"If you want to show that your drug, in and of itself, has a lot of activity and needs to get approved, you have to get in line," he explains. "So, you are faced with treating patients who are well down the line in treatment."

This he describes as a double-edged sword. At the same time that there is an opportunity for accelerated approval due to some clinical benefit, you are likely faced with patients who may be very

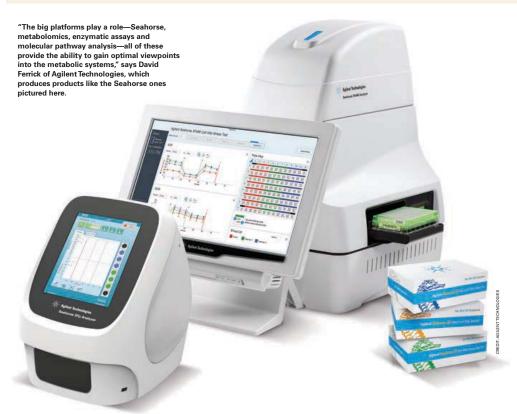
difficult to treat and who have failed several other rounds of treatment.

"It is an evolving situation," Gold says. "It's like everything else, in the big picture, we're all trying to add on to prior knowledge, and so there are different places where you can come in in the development process."

For Ferrick, it is about getting people to open their minds to new ways of thinking, a task that he acknowledges can be quite daunting, and for understandable reasons.

"Clearly, you're trying to achieve a meaningful dialogue with people who want answers that are in front of their faces," he says. "I get that."

"I think what brings the richness and color of something that you need in front of your face is having the backdrop," Ferrick continues. "I think blue-sky discussions really help to pick and choose the right words, put them together in a way that not only deals with the now, but also prepares for what the future will bring." ■



from the bloodstream elicited by increased expression of transporters; and upregulation of mitochondrial metabolism," the authors noted. "When one energy source (glycolysis) is pharmacologically limited, the tumors become vulnerable to the inhibition of the other (mitochondrial metabolism)."

"Pharmacological blockers of the nutritional stress response (phenformin and ME-344) can abrogate mitochondrial respiration and tumor growth in this situation, which we have termed 'metabolic synthetic lethality,'" they continued.

Rafael is experiencing similar synergies with its CPI-613, combining it with various standards of care such as FOLFIRI-NOX, gemcitabine/abraxane and citabine/mitoxantrone.

A major benefit of these combinations, says Luther, is the ability to lower the chemotherapeutic dose, as exemplified the company's Phase 3 clinical trial in pancreatic cancer.

"FOLFIRINOX is very toxic," he says. "There is absolutely no added toxicity from CPI-613."

The synergistic impact of the two treatments therefore means clinicians can give people 40 or 50 cycles of FOLFIRINOX.

In January, the company initiated a Phase 2 clinical study of CPI-613 combined with FOLFIRINOX in locally advanced pancreatic cancer. This study precipitated from earlier findings that highlighted the combination's superiority over previous results with FOLFIRINOX alone in objective response rate (61 vs 31.6 percent), median overall survival (19.9 vs 11.1 months) and median progression-free survival (9.9 vs 6.4 months).

By the same token, Luther is quick to note that it isn't mandatory to use cancer metabolism drugs like CPI-613 in combination with other therapies.

As an example, he points to Rafael's program in Burkitt's lymphoma. Based on preclinical data, the FDA granted Orphan drug status to CPI-613 monotherapy for this indication back in June 2018, and this past January, the company initiated a Phase 2 study to be led by Sloan Kettering's Ariela Noy.

The company has also explored CPI-613 monotherapy in myelodysplastic syndrome. Luther is quick to suggest, however, that despite examples of stable disease and one case of complete response, the treatment hasn't been as effective as the company had hoped, and they are exploring its combination with anti-malarial hydroxychloroquine.

Last summer, Tamotsu Takeuchi and colleagues at Gifu University and Shizuoka Hospital reported their findings on the combination of CPI-613 and chloroquine in xenograft models of clear cell sarcoma (CCS).

They noted that although CPI-613 alone was able to increase autolysosome formation, it did not induce significant cell death until chloroquine was added. Furthermore, in an orthotopic metastatic CCS model, the combination suppressed not only tumor growth, but also metastasis.

Earlier this year, Wake Forest University Health Science and the NCI initiated a Phase 1/2 clinical study of the combination in Burkitt's lymphoma, led by Bayard Powell.

Thus, as seen with so many other areas in oncology, the power of a new therapeutic—targeting metabolism or whatever else—comes in its ability to work well with others; oncology is transitioning from the concept of one sledgehammer that destroys all, to a series of different hammers that take turns.

"I think it's really exciting," enthuses Gold. "Now, you're sort of seeing the beginnings, perhaps, of the intersection between metabolism and checkpoint. There've been some really exciting recent data coming out

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of the big pharmas using the PD-1s in combination with some of these kinase inhibitors and seeing interesting results."

Likewise, he continues, there is increased interest in targeting immune cell metabolism in the tumor microenvironment, revving up or shutting down immune cells depending on your desired outcome.

"I'm kind of gratified as a cardcarrying immunologist that this whole thing is coming full circle, that we're seeing an intersection of various disciplines that we might be able to impact also with our own work," Gold waxes.

Getting a better sense of what combinations might synergize will demand a more thorough understanding of cellular metabolism, quantitatively, qualitatively and dynamically.

Technical assistance

"I think there are new technologies that allow you to interrogate many more pathways, they're much more sensitive," Gold suggests, adding the caution that the systems being studied are still very complicated. "When you push on one side of a cell, the other side bulges."

"I think it's this ability to look at single-cell levels, a much better understanding of pathways and how certain compounds that affect a particular pathway can actually affect the metabolism of that cell in a very different way," he continues. "I just think that the more knowledge that we have, the better we are understanding the complex-

ity of even something as simple as metabolism."

Gina DeNicola and colleagues at the Moffitt Cancer Center recently reviewed the technological advances that are helping expand our understanding.

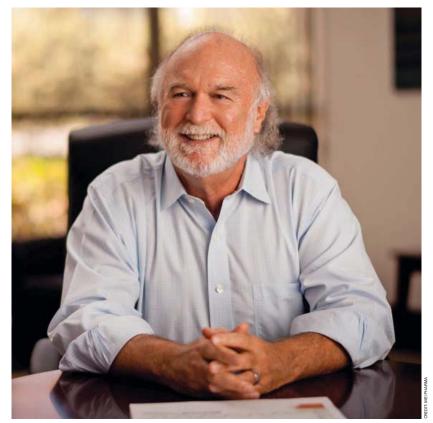
"The metabolite profiles acquired from LC-MS or GC-MS-based approaches have proved crucial for many recent discoveries related to cancer metabolism," the authors wrote, starting their discussion with the methods that continue to be the metabolomic workhorses.

"Global metabolite profiling was critical for the novel discovery of the oncometabolite 2-hydroxy-glutarate (2-HG) in isocitrate dehydrogenase (IDH) mutant glioblastoma," they offered as an example. "The global metabolite profile showed the significant elevation of a single metabolite peak in cells harboring a R132H IDH-1 mutation."

They noted that high-resolution MS was key to identifying the peak as 2-HG, and that targeted LC-MS specified it as the R stereoisomer.

"Importantly, subsequent studies have demonstrated the oncogenic role of $R(\cdot)$ -2-HG through the inhibition of α -ketoglutarate-dependent dioxygenases, including histone demethylases and 5-methlycytosine hydroxylases," the authors continued.

Although valuable, they suggested, these global metabolite methods merely provide snapshots of what is a dynamic process, influenced by internal and external factors. To address these concerns, stable-isotope tracers are increasingly being used to under-



"Because tumors proliferate so much, they inherently mutate. I think the issue with a lot of these targeted drugs is, whether intentionally or unintentionally, you start to select for cells that don't express the very highly targeted defect that you're attacking," says Dan Gold, president and CEO of MEI Pharma.

stand metabolic flux, introducing the term fluxomics into the lexicon.

And as enthusiastic as Gold is about single-cell resolution, fluxomics is moving into subcellular space, providing not only temporal information, but also very high-resolution spatial data, as shown recently by Tomer Schlomi and colleagues at Technion.

Adding subcellular fractionation to other fluxomic and analytical methods, the researchers examined reductive glutamine metabolism in cancer cells. They discovered that under hypoxic conditions, cytosolic citrate was produced through glutamine metabolism rather than the canonical view that it arose from glucose oxidation in the mitochondria, as well as several other unanticipated pathways.

DeNicola's group also highlighted the growing importance of multi-omic approaches to understanding the regulatory and signaling anomalies that occur in cancer.

"Multi-omic integration is a powerful tool for identifying metabolic alterations and elucidating their function in cancer progression," the authors suggested. "Importantly, recent advances in sequencing technologies have facilitated single cellular genome sequencing in a high-throughput manner, enabling the delineation of genetic heterogeneity between cells within a tumor. Likewise, single cellular proteomics and metabolomics approaches are under development."

A recent example of this was the use of CRISPR gene editing by Binghui Li and colleagues at Tianjin Medical University Cancer Institute to elucidate the role of pyruvate kinase M (PKM) in glutamine metabolism in vitro.

Generating knock-out PKM1 and PKM2 cell lines, the researchers determined that PKM2 activity promoted reductive glutamine metabolism, ultimately facilitating cell proliferation and tumor growth in a xenograft mouse model.

"Therefore, our results provide a mechanistic explanation for the important physiological role of PKM2 in cancer cells, which may underlie the *in-vivo* advantage of PKM2 in tumor growth," they concluded.

Sanjeev Luther suggests that Rafael and colleagues at Rockefeller University are also utilizing CRISPR technology in its continuing development of CPI-613.

Possibly surprising, given his role in a company best known for instrumentation and technology platforms, Agilent's Ferrick is less enthralled by the technological innovations.

"The big platforms play a role—Seahorse, metabolomics, enzymatic assays and molecular pathway analysis—all of these provide the ability to gain optimal viewpoints into the metabolic systems," he says.

Instead, he reserves his enthusiasm for what he sees as a shift in the thinking of the researchers, whether that involves metabolic equilibria or other novel concepts.

"The tools may have inspired some of that," he is quick to acknowledge, with a laugh at the contemplation of his employers hearing these thoughts.

"If you believe my theories about metabolic equilibrium, for sure the microbiome has to be in equilibrium with the metabolic homeostasis," Ferrick offers as yet another example. "The interplay and crosstalk that's missing between those two fundamentally not only from a cancer progression initiation component, but also from educating the immune system and keeping it primed and ready."

There is, no doubt, merit in his belief. The rise from the Dark Ages was at least as much about novel thinking as it was about novel capabilities.

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